Academic Coaching is a program for students with disabilities at Virginia Tech provided by the Services for Students with Disabilities Office. The purpose is to support SSD’s mission of promoting students' academic success, personal growth, and development of life skills. Students will work on meeting their goals with the support of the academic coach. Some areas that will be covered during academic coaching are improvement of goal setting, time management, personal organization strategies, study skills, and test tasking. Students will discover with the academic coach their personal path for success.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Share how you learned about academic coaching.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State which semester you are requesting coaching. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer each question below in two to four sentences.

1. What academic challenges are you experiencing?
2. What strategies have you used to address your academic challenges?
3. What do you hope to gain from academic coaching?
4. Share an interesting fact about yourself.